

Music is played in every society and culture in the world today. Some people believe that music brings only benefits to individuals and societies. Others, however, think that music can have a negative influence on both.

Discuss both these views and give your own opinion.

Nowadays, music has become as an indispensable part of people's life. Some people think that music it plays a significant role in our lives while others feel that it has some unfavorable aspects of for individuals and societies.

On the one hand, music offers an array of merits to individuals and societies. One thing that really stands out is that music as an accessible art provides an opportunity for people to listen to different music types/genres in different places. This would mean that music plays in restaurants, public places, our home, and office, so it can alleviate our stress and act as therapy especially for people, who suffer from blood pressure, mental and heart problems. Another virtue might be that with the help of music people could express their feelings whenever they are depressed and also showing their happiness. For instance, some patriotic music can be one of the best practical ways in order to bring people close ~~people with each other~~ in each society.

However, like most things, it-music has a number of shortcomings. The most obvious one might be that if people listen to music at high volumes or amplitudes, not only do-might they might injure their ears but also they suffer from tinnitus. Another aggravation might be that music can encourage societies especially teenagers towards violent action because it has been proved that some kind of music could directly affect the nervous system of brains.

To sum up, from my point of view, in spite of the fact that music has some minor downside, it also has had an important and beneficial role in individuals and societies.